

# Designing for Engagement Driven Collaboration

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### Background



Lifespan of people with SMI



Lifespan of people without SMI



People with severe mental illness (SMI) die 10-20 years earlier than people without SMI.<sup>1</sup>



# The Phy-Psy Trial

A cluster randomised, parallel-group, 5-year trial of coordinated, co-produced care to reduce the excess mortality of patients with severe mental illness by improving the treatment of their comorbid physical conditions.

# Challenges

	Underdiagnosis and undertreatment of comorbidities
02	Lack of communication and collaboration between stakeholders
03	Lack of engagement in both patients and providers

The high prevalence of physical comorbidities in SMI patients due to sedentary lifestyle, unhealthy diet, and poor quality of healthcare

SMI patients treated across sector borders and coordinated care between general practice, municipalities and hospital psychiatry is considered imperative

Result from previous initiatives using integrated care models were disappointing due to lack of engagement in both patients and general practice <sup>2</sup>

# Objectives

- Design engaging ICT care platform considering perspectives of all the stakeholders
- Facilitate Communication,
   Collaboration, Coordination and
   Awareness with evidence based clinical, social and technological knowledge

### Idea

To design an information and communication technology (ICT) coordinated care platform that promotes engagement – i.e., active patients and proactive healthcare providers.

# User-centered Design

# Identify Need and Context of Use

- Interviews
- Ethnographic Observation

# Evaluate Designs

- Cognitive walkthrough
- Heuristic evaluation

# User Centered Design 02 ...

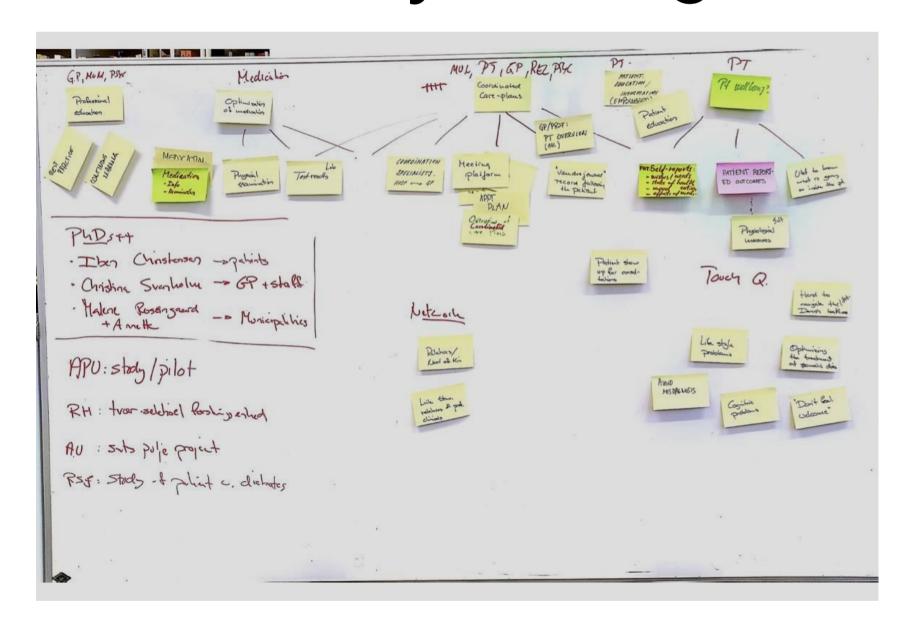
### Specify Requirements

- Workflows
- Scenarios
- Personas
- Content-User Matrix

### Produce Design Solution

- Wireframes
- Mockups
- Prototypes

# Preliminary findings



- Coordinated care plan was voted as the highest priority in a ICT care platform in a recent workshop carried out among psychiatrists and general practitioners
- Engagement was the second priority among the users



#### References:

- 1. Laursen TM, Nordentoft M, Mortensen PB. Excess early mortality in schizophrenia. Annu Rev Clin Psychol. 2014;10:425-448.
- 2. Speyer H, Christian Brix Norgaard H, Birk M, al. e. The CHANGE trial. World Psychiatry. Jun 2016;15(2):155-165.
- 3. "The Phy-Psy Trial". Cachet, Jan 8, 2018. http://www.cachet.dk/research/Research-Projects/PhyPsy-Trial.